

Personal Support Services, Pomona

Disability Accommodations			
WesternU Department	Services Provided	Process to Seek Services	Contact Information
Harris Family Center for Disability & Health Policy (^{HF} CDHP); Accommodations & Resource Center (AARC)	Support students with permanent or temporary disabilities to ensure all programs and activities are accessible	<ul style="list-style-type: none"> • Visit and review website • Complete Student Intake Form 	Sandra Lawler, Associate Director (909) 469-5297 slawler@westernu.edu
Counseling Services (Free for all WesternU Students)			
Insurance Company	Services Provided	Process to Seek Services	Contact Information
Optum, Employee Assistance Program	Resources needed to manage difficult & daily concerns: <ul style="list-style-type: none"> - Short-term counseling - Referral services 	<ul style="list-style-type: none"> • Contact Optum • Obtain authorization number to see any in-network provider 	(800) 234-5465 http:// www.liveandworkwell.com/
Optum Counseling Services with WesternU			
On-Campus Resource	Services Provided	Process to Seek Services	Contact Information
Anna Couch, PhD, MA, MFT	Counseling services conveniently available for on-campus students	<ul style="list-style-type: none"> • Schedule appointment using e-appointment link • Optum authorization number not necessary 	626) 391-8608 acouch@westernu.edu Pumerantz Library, LRC 4 th Floor; Hours: Tues. & Thurs. 11:00 am - 6:30 pm Wed. 12:00 pm – 4:00 pm
Luis Orozco. LCSW	Counseling services conveniently available for on-campus students	<ul style="list-style-type: none"> • Schedule appointment using e-appointment link • Optum authorization number not necessary 	(562)-219-4537 luis.orozco@optum.com Pumerantz Library, LRC 4 th Floor Hours: Mon. & Fri. 9:00 am – 2:30 pm
Off-Campus Local Resource	Services Provided	Process to Seek Services	Contact Information
Soultenders – Therapeutic Services	Counseling services conveniently	<ul style="list-style-type: none"> • Call Soultenders to select 	(855) 952-1907

Network of clinical providers operating throughout SoCal	available for on-campus students	provider & make appointment <ul style="list-style-type: none"> Optum authorization number not necessary 	https://www.soultenders.com/client-center/
Optum Counseling Services, Nationwide			
Off-Campus Nationwide Resource	Services Provided	Process to Seek Services	Contact Information
Optum Provider Nationwide Network	Counseling services conveniently available for off-campus students	<ul style="list-style-type: none"> Check website to select provider & make appointment Optum authorization number is needed 	(800) 234-5465 http://www.liveandworkwell.com/

Counseling Services (Self-Pay or Private Insurance Required, Optum Out-of-Network)			
Company/Professional Name	Contact Information	Company/Professional Name	Contact Information
Rosewood Counseling Center	(909) 981-0270 288 W. 9th St. Upland	Tri-City Wellness Center	(909) 623-6131 2008 N. Garey Ave Pomona
Aurora Soliguen, MD	(909) 949-0076; 1183 E. Foothill, Ste 234, Upland	Elizabeth Baxt, MFT	(909) 518-0329; 150 N. Grand Ave, Ste 212, West Covina
Ilian Alvarez, EdD	(714) 455-9096; 640 S. Sunset Ave, Ste 105, West Covina	Linda Abdelsayed, PsyD	(909) 529-2152 15330 Fairfield Ranch, Chino Hills

National, 24 hour, Phone Support Services	
Organization	Phone Number
LA County Access Center Crisis Intervention	(800) 854-7771
National Mental Health Crisis Hotline	(800) 273-8255
National Suicide Prevention Lifeline	(800) 273-8255
24-hour Rape Crisis Hotline	(800) 656-4673, (626) 966-4155, (626) 793-3385
Project SISTER (Sexual Assault Support Hotline)	(909) 626-4357
Alcoholic Anonymous, Chino 24 hr. answer machine	(909) 628-4428
LEAD does not affiliate with or endorse any of the counseling centers or professionals listed.	



Pomona Academic Support Services

Pomona Campus Location

Health Science Center, Rm 101

Hours

8:00 am-5:00 pm Mon-Fri

Phone: (909)469-5325

email: LEAD@westernu.edu

Academic Counselors	
Name	Contact Information
Neil Patel, Ph.D. Director	(909) 469-5203 patelnm@westernu.edu
Neil Birt, M.S. Assistant Director of Learning Skills and Assessment	(909) 706-3827 nbirt@westernu.edu
Melissa Lopez, Ph.D. Learning Skills Specialist	(909) 469-8347 mslopez@westernu.edu
Staff	
Name	Contact Information
Martha Ruelas, M.H.Sc. Office Manager/ESL Specialist	(909) 469-5325 mruelas@westernu.edu