

Form B: Health Clearance by Healthcare Provider

This section to be completed by a DO, MD, NP, or PA only.



Student Name: _____ WesternU Student ID# @ _____

Dear Healthcare Provider:

To enter and to complete WesternU's health sciences program, students must be able to meet the emotional and physical requirements of the college, university, academic programs, and the agencies in which students are placed for clinical experiences. If accommodations are required for a student to meet these requirements, the student and faculty are to work with *Center for Disability and Health Policy (CDHP)* to determine what accommodations would be reasonable in a clinical setting.

Emotional Requirements: The academic load and the necessity of performing in real patient situations while being observed by instructors and other health care personnel can cause significant stress for some students. Therefore, the student must have sufficient emotional stability to perform under very stressful situations.

Physical Requirements: To participate in clinical rotations, students are required to travel to various healthcare agencies and hospitals, and to homes with unpredictable environments. Students need to have the endurance to adapt to a physically and emotionally demanding program.

The following physical requirements are necessary to participate in the clinical application:

1. **Strength:** Sufficient strength to lift, move and transfer most patients; to restrain and carry children; to move and carry equipment; and to perform CPR, which requires sufficient body weight and adequate lung expansion.
2. **Mobility:** Sufficient to bend, stoop, get down on the floor; combination of strength, dexterity, mobility, and coordination to assist patients; ability to move around physically and adequately in confined spaces (patient rooms, bathrooms, treatment settings, around patient equipment, etc.). Be able to perform all physical skills required to deliver patient care such as CPR, ambulation, transport, reposition, lifting, and other healthcare delivery duties.
3. **Fine Motor Movements:** Necessary to manipulate syringes and IVs; to assist patients with activities of daily living; to write appropriate notations; to document in health record; to safely perform sterile procedures and other skilled procedures.
4. **Speech:** Ability to speak clearly to communicate with staff, physicians, and patients; need to be understood on the telephone.
5. **Vision:** Visualize patients to assess and observe their health status; skin tone, color changes, dermatological conditions, non-verbal behaviors, changes in signs and symptoms of illness, health improvement or deterioration, etc.
6. **Hearing:** Hear and see patients, monitor signs and symptoms, hear alarms, patient voices, call lights, and assess patient conditions, non-verbal behaviors, changes in signs and symptoms of illness, health improvement or deterioration, hear through the stethoscope to discriminate sounds, and accurately hear on the telephone.
7. **Touch:** Ability to palpate both superficially and deeply and to discriminate tactile sensations.

Date of Physical Exam: _____ (needs to be no more than 6 months old from the date you will begin classes)

"I have seen the above-named student and completed a screening history and physical exam. The student does not present with apparent clinical contraindications to the daily activities required in an educational or clinical setting. The student is able to meet all of the essential duties for clinical requirements as described above. This screening physical does not substitute for ongoing clinical care and monitoring."

Recommendations for further evaluation _____

Recommended restrictions _____

Health Care Provider Printed Name: _____

Healthcare Provider's Signature & Date: _____

(Only MD, DO, NP, PA are accepted)